

For School Participants only:

School Name: _____

Teacher's Name: _____

Please indicate whether you are a ...

___ Student

___ Family Member of:

(include student's name on next line)

___ Faculty/Staff

Athlete's Release

Must be signed or you will not be entered in the race.

In consideration of the acceptance of this entry, I do hereby release and discharge the City of Clarksville, Cumberland Bank & Trust, Austin Peay State University and The Clarksville-Montgomery County School System as well as their agents and employees from any and all claims for damages suffered by me as the result of my participation in the Queen City Road Race. I also hereby consent to permit emergency treatment in the event of injury or illness. I also give permission for the free use of my name, picture and voice at any broadcast, telecast, print account or any other publication in any medium of this event.

I understand that the only way to receive an official time (for the 5K Race only) is by wearing the provided electronic timing device.

Athlete's Signature

Parent/Guardian Signature if athlete is under the age of 18

5K RUNNERS: Don't forget to pick up your race bib & timing chip on race day!

School Registration

If you register through the schools, packets for the One Mile Movement will be delivered to schools through April 19. No packets will be delivered after this date. 5K entries will be available for pickup on race day.

All other entries will have a packet containing race tshirts as well as timing chips and numbers reserved for pickup on race day at APSU. Packet pickup will be at the registration table inside the concession area inside Governors Stadium beginning at 11:00 a.m. May 2.

Race Schedule Sunday May 2, 2010

12:30 pm	5K Relay
12:45 pm	5K Wheelchair/Hand-cycle race
1:00 pm	5K
1:30 pm	Group Stretch
2:00 pm	One Mile Movement
2:30 pm	Awards Ceremony

To ensure accurate race timing, registration for the 5K will end promptly at 12:30 pm, May 2.

FOR MORE INFORMATION, PLEASE CALL
(931) 645-7476

or visit

www.cityofclarksville.com/park&rec/qcrr.php



The City of Clarksville intends to comply with the Americans With Disabilities Act (ADA), which prohibits discrimination in the provision of services, programs, or facilities to individuals with disabilities. If you have any questions or special requests concerning this event and compliance with ADA, please call the Clarksville Parks and Recreation Department at (931) 645-7476.

The 32nd Annual Queen City Road Race

2010

**Clarksville
Parks & Recreation
Department**

Artwork by Lauren Poynter

Presented by:



and sponsored by:



32nd Annual Queen City Road Race

The 32nd Annual Queen City Road Race is presented by The City of Clarksville and Cumberland Bank & Trust and sponsored by the Clarksville-Montgomery County School System as well as Austin Peay State University. The Queen City Road Race has been a Clarksville tradition for over 30 years promoting fitness and fun for all ages.

The 5K race route takes runners through the streets of Historic Downtown Clarksville beginning and ending at Austin Peay State University's Governors Stadium. A copy of the race route will be available online. Runners will report to the side of the stadium facing the Dunn Center to receive their timing chips, number and tshirt.

Wilma Rudolph 5K Relay Race

In honor of Wilma Rudolph, a Clarksville native who overcame great odds to become an Olympic champion in the 1950's and 60's, this race commemorates her achievement.

The relay race will comprise of 4 runners, 3 of which will run 1 mile each with the 4th runner finishing the last 1/10th of a mile.

Relay teams must present all team members' signed applications together in order to be registered as a team.

One Mile Movement

The Queen City Road Race is not just a running competition, but a promotion for fitness and health in the Clarksville community. This year we will be having a non-competitive, one mile event. Participants can complete the mile at any speed or rate they choose. It doesn't matter if you run, walk or skip the mile; just as long as you are up and moving!

Entry

5K registration for the Queen City Road Race is simple. Just visit our website and click the registration link for [fee-free](#), online registration at:

www.cityofclarksville.com/parks&rec/qcrr/php

or students & family members can fill out registration form and turn in to your school's Physical Education department by April 29 (Clarksville & Ft. Campbell Schools only). Family members of students must fill out their own separate entry forms.

NOTE: Only 5K registration is available online at this time.

you can also fill out the attached form and mail with fee made payable to:

Clarksville Parks and Recreation
102 Public Square
Clarksville, TN 37040

5K Run-Timing Chip

The ChronoTrack BTag disposable electronic timing chip system will be used in this race. The chip will be attached to your race bib. You must wear the chip during the race to receive your official time. Timing chips will be issued to registered 5K runners only. Chip/race number pick up table will be located inside the registration area.

5K Age Divisions

Male/Female

5-10 yrs, 11-15 yrs, 16-19 yrs, 20-29 yrs, 30-39 yrs, 40-49 yrs, 50-59 yrs, 60-69 yrs, 70-79 yrs, 80-89 yrs, 90 & over

5K Wheelchair/Hand-cycle

All ages

QUEEN CITY ROAD RACE ENTRY FORM

One entry form is required for every participant. Please fill out the entire form completely and print clearly.

Name (First, Last)

Address

City, State & Zip Code

Daytime Phone Number

Email address

Male ___ Female ___

Age on 05/2/10 _____

Please circle t-shirt size:

Adult Sizes S M L XL XXL

Youth Sizes M L

Events: Please check all that apply.

___ 5K Run

___ 5K Wheelchair/Hand-cycle Race

___ Wilma Rudolph 5K Relay

___ One Mile Movement

5K Relay Team Name _____

Entry Fees

5K Races

\$20 - "Early Bird Rate" through April 23

\$25 - April 24 through Race Day

5K Relay

\$25 per Team, before April 23

*Sorry, no late registrations will be accepted.

One Mile Movement

\$5

Entry fees include race t-shirt. T-shirts will be available while supplies last.

Almost done!...You must also complete the other side of this form.....